Deputy Principal’s Report

Value of the Month

I had the great fortune of joining our 25 ‘Value of the Month’ recipients for morning tea in the Staffroom on Monday this week and I was extremely impressed with the calibre of these students. Each student spoke with Mrs Redrup about the various reasons they had been elected by their class to receive their award for demonstrating Co-operation and Participation and it was apparent to me from our assembly and from listening to these students that the ‘Value of the Month’ award is highly valued by all members of the Kariong PS community. Parents of these award recipients should be very proud as these students are a great credit to you and to our school. Make sure you stop by the school’s front office and take a look at our ‘Value of the Month’ photo board!

Our focus value for the month of March is FAIRNESS. I am looking forward to the next ‘Value of the Month’ awards assembly where I will again have the great pleasure of meeting and speaking with another 25 outstanding students from Kariong PS.

Mosquitoes

There has been a rise in the number of mosquitoes in our back playground and also on our top oval, possibly as a result of the recent inclement weather we have been experiencing. We would like to encourage parents to apply a mosquito repellent to their children before they send them to school to protect them from unwanted mosquito bites. Students may bring their own mosquito repellent to school with them but it must be a stick or roll on repellent (not a spray) and must not be shared with other students.

Scripture Classes

Weekly Special Religious Education (SRE) commenced at Kariong PS on Thursday this week. Despite the logistical challenge Scripture classes can present in a large primary school, our volunteer Scripture teachers were very well organised and I was particularly impressed with the way our students conducted themselves as they moved responsibly between their home room and allocated SRE classroom. SRE will take place each week on a Thursday from 10:15am to 10.55am for years K, 1 and 2 and from 11.35am to 12.15pm for years 3, 4, 5 and 6.

Staff Professional Learning

This Saturday 8 March the Kariong PS staff will be attending a day of quality professional learning held at the school. The focus of this professional learning will be on enhancing children’s creativity, critical thinking and writing through drama by incorporating dramatic techniques such as Readers Theatre into class literacy sessions. Staff will also spend time during this day sharing information and ideas about how to best meet student learning needs across the school.

ICAS Competition Payment Error

The ICAS Competition note included in last week’s newsletter listed costings that included GST, which we do not charge to parents. The ICAS entry note has been amended in this edition of the Newsletter. If you have already paid for your child's ICAS Competition entry please see the front office to have any GST inclusion rectified.

Justine Abell
Great Results for Kariong Surf Star!

Lailani Montgomery from class 4PB competed in the Surf Life Saving State Championship last weekend at Umina Beach. She came 3rd in the beach relay and 7th in the beach sprint. What an incredible achievement! Well done Lailani!!

Lailani went on to say “I came 1st in my heats for the individual sprints and made it to the final and came 7th in my final out of the whole of New South Wales. My relay team made it to the final and we came 3rd out of the whole of New South Wales and in the final flags I got out in the semi-final.” Congratulations!

BWPSSA Swimming Carnival

CONGRATULATIONS to the 18 students who will be competing at the BWPSSA Swimming Carnival on Monday. These children all achieved the qualifying times set by the BWPSSA to compete at the Zone carnival.

Good Luck Boys and Girls!

Mrs Ryan

Boys Cricket News

Congratulations to our boys’ cricket team who travelled to Springfield on Wednesday to take on Chertsey Primary School. The side managed to score 3 for 155 with Aidan M 23 not out and Jordan H 20 not out. Nathan H, Kyle L, Jayden B and Hayden S also contributed valuable runs. We managed to restrict Chertsey to 43 runs with Jayden B, Jordan H and Aidan M taking 2 wickets each. The boys worked very professionally in the field and played with great sportsmanship.

Mr Brady

Crunch&Sip Snippets

Soft drinks, cordials, sports drinks and flavoured mineral waters contain up to 6 teaspoons of sugar in every 250ml glass. Plain tap water is the best thirst quencher and the only drink permitted for Crunch&Sip.

Don’t peel your fruit and veggies as most of the fibre is found in the skin. Just give them a good wash or scrub.

Ms Glare
Smoking Laws in New South Wales Public Places

As of 7 January 2013, changes to legislation on smoke-free outdoor areas came into effect across NSW. The smoke-free areas were chosen as they are public outdoor places popular with children and families, or which can be crowded, or at which there is limited opportunity to avoid second-hand smoke. Smoking is banned state wide in the following outdoor places:

"Within 10 metres of children's play equipment in outdoor public spaces; spectator areas at sports grounds or other recreational areas; swimming pool complexes; railway platforms, bus stops, and taxi ranks; Within four metres of a pedestrian access point to a public building. This includes all access points to Kariong Public School in Langford Drive, Truscott Ave and Foster Close."

Remember - there is no safe level of exposure to second-hand tobacco smoke and tobacco smoke affects the air quality of outdoor locations just as much as indoor locations. These requirements are now enforceable by law.

P&C News

The Annual General Meeting of Kariong Public School P&C will be held on Monday 17th March. This meeting begins at 7.30pm in the staffroom and will be followed by the March General Meeting. Parents/Carers and community members welcome.

This Sunday the P&C is running a fundraising BBQ at Masters, West Gosford from 10am – 3pm. Come and buy a sausage sandwich to support our school!

Awards

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Class</th>
<th>Name</th>
<th>Name</th>
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<tbody>
<tr>
<td>KC</td>
<td>James P.</td>
<td>3A</td>
<td>Amber B.</td>
<td>Jared M.</td>
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<tr>
<td>KG</td>
<td>Jayden R.</td>
<td>3L</td>
<td>Ella P.</td>
<td>Tyler H.</td>
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<tr>
<td>KH</td>
<td>Dean S.</td>
<td>3/4T</td>
<td>Jack W.</td>
<td>Isabella C.</td>
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<tr>
<td>KK</td>
<td>Austin H.</td>
<td>4D</td>
<td>Hollie C-D.</td>
<td>Mitchell P.</td>
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<tr>
<td>KQ</td>
<td>Connor G.</td>
<td>4R</td>
<td>Elijah P.</td>
<td>Ella S.</td>
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<tr>
<td>1E</td>
<td>Daniel D.</td>
<td>4PB</td>
<td>Kalani S.</td>
<td>Jemima W.</td>
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<tr>
<td>1G</td>
<td>Lily-Rose T.</td>
<td>5G</td>
<td>Bailey B.</td>
<td>Christopher L.</td>
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<tr>
<td>1H</td>
<td>Lily-George C.</td>
<td>5J</td>
<td>Ryan R.</td>
<td>Chloe S.</td>
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<tr>
<td>1M</td>
<td>Baylee S-A.</td>
<td>5N</td>
<td>Chloe F.</td>
<td>Luca Z.</td>
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<tr>
<td>2B</td>
<td>Dillon C.</td>
<td>6B</td>
<td>Joshua E.</td>
<td>Rhiannon R.</td>
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<tr>
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<td>Jye A.</td>
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<td>Jemma A.</td>
<td>Jack G.</td>
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<tr>
<td>2P</td>
<td>Mikayley F.</td>
<td>6R</td>
<td>Aaron B.</td>
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<td>2TJ</td>
<td>Aaliyah P.</td>
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School Banking Winners this week are: Charlotte A. from KC & Matilda H. from 2P


Community News

Wyong High School - Year 7 Selective Information Technology Class

Applications are once again open for Year 6 students to apply for Wyong High School's 2015 Year 7 Selective Information Technology Class. We encourage all interested students and their parents/guardians to attend our Information Evening.

The following dates should be noted for interested students and parents:

1. Information Evening: Wyong High School MPC, Tuesday 11th March, 2014 from 6.00pm.
2. Closing date for Student Entry Application Forms: Friday 14th May, 2014.
Dear Parents and Caregivers.

Change and loss are issues all of us face at some stage in our lives. At Kariong Public School we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth. This program is facilitated in small groups and is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem solving, decision-making, effective communication and support networks.

Seasons for Growth runs for eight weeks and each weekly session is 40-50 minutes. The program concludes with a ‘celebration’ session. Later in the year each group will have the opportunity to meet for two further sessions to build on their earlier learning.

Seasons for Growth will commence in Term 2. If you think your son or daughter would benefit from Seasons for Growth, we would encourage you to talk to him/her about this. Should he/she decide to participate, please fill in the form attached and return it to the office. Please also include a brief reason for participation e.g. divorce, separation, death etc.

For more information on Seasons for Growth, please go to the Kariong PS website and click on the link.

Kariong Public School is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved.

Sue Gasper
Seasons for Growth Site Coordinator

I _______________________________ give consent for my son/daughter _____________________________________ to attend the Seasons for Growth program. I have discussed this with him/her.

Parent/Guardian Signature: ___________________________  Child’s Signature: ___________________________

Reason for participation: __________________________________________________________________________

ICAS ENTRY APPLICATION
CLOSING DATE 7TH APRIL 2014

I give permission for my child __________________________________ of Class _______________ to participate in the following tests:

Child’s Date of Birth: ___/___/_____

Does anyone in your home usually speak a language other than English: YES / NO

Signed __________________________________________ Date __________________

Parent/Guardian

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<thead>
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<td>Computer Skills</td>
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<td>Spelling</td>
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